Tongue necrosis

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CASE REPORT

A 74-year-old women with no medical history was admitted to the emergency room with sudden blindness of the left eye. The previous days she had suffered from a painful and swollen neck, jaw claudication and mild temporal headache. Two days before admission she felt a numbness on the left side of her tongue. Physical examination showed dysarthric speech and oedema of the skin and neck. There was a normal consensual response but no direct response with examination of the left pupillary reflex. Blood results revealed elevated ESR (114 mm/h), thrombocytes (750/nl), WBC (17.8 /nl) and CRP (300 mg/l). Ophthalmological examination showed a pale optic disc in the left eye, caused by a central retinal artery occlusion (CRAO). Two days later, the patient suffered from pain when moving her tongue during eating and speaking. We saw progression of the dysarthric speech and a left-sided deviation of the tongue with a blue discoloration, which progressed during the day (figure 1). After a couple of days there was a demarcated necrotic aspect on the left side of the tongue with a greyish discoloration (figure 2).

WHAT IS YOUR DIAGNOSIS?

See page 203 for the answer to this photo quiz.

Figure 1. Tongue necrosis, two days after admission to the hospital

Figure 2. Tongue necrosis after demarcation

